

Should I give Food or Money?



North Dallas Shared Ministries puts BOTH to good use.

Our food assistance programs are unique. We don't provide a standard "grocery bag" of staples. Instead, we allow clients to choose the healthy, nutritious foods they want – up to \$250 worth for a family of five.

How we use FOOD

There are some things we cannot obtain at a discount. Your donations of these items help us to stretch our budget and to provide more variety to our clients.

How we use MONEY

For \$ 1.00 we can buy what would cost \$ 11.62 at a grocery or warehouse store. Our buying power and special relationships allow us to stretch every dollar. In short, we really leverage your contributions.

We currently could use the following items:

Macaroni and Cheese

Peanut Butter*

Canned Soups

Pasta

Ramen noodles

Spaghetti Sauce*

Saltine crackers

Tortillas

Canned Carrots

Canned Pineapple

Canned Mixed Vegetables

Toilet Tissue

**Please, no glass containers*

However you choose to give – WE APPRECIATE IT!

Thank you for your kindness and generosity!



NDSM provides food to over 900 people every week.
NDSM expects to provide \$ 1,475,000 in food assistance in 2011.
NDSM is a 501 (c) (3) non-profit organization.